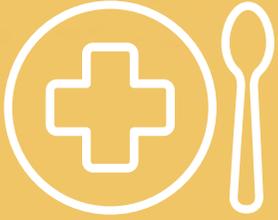


GRET



NUTRITION

PREVENTING MALNUTRITION IN ALL ITS FORMS



KEY FIGURES

+ 100 PROFESSIONALS

+ 30 PROJECTS AND CONSULTING MISSIONS

+ 12 MILLION EUROS BUDGET

ACTIONS CONDUCTED WITH MORE THAN:

15 OPERATIONAL PARTNERS

6 RESEARCH PARTNERS

10 FINANCIAL PARTNERS

GRET'S WORK IN THE AREA OF NUTRITION

MALNUTRITION IS RESPONSIBLE FOR HALF OF CHILD MORTALITY IN THE WORLD. With its triple burden — undernutrition, micronutrient deficiency and overweight —, it is both the cause and the consequence of poverty and under-development.

GRET has been working for 30 years to break this vicious circle and sustainably prevent all forms of malnutrition by improving diets and healthcare practices.

COUNTRIES WORKED IN SINCE 1994

Burkina Faso ■ Cambodia ■ Chad ■ France ■ Guinea ■ Haiti ■ Madagascar ■ Mali ■ Mauritania ■ Myanmar ■ Niger ■ Senegal ■ Vietnam



EVERY YEAR, GRET'S ACTIONS IN FAVOUR OF NUTRITION BENEFIT:

- **5 million** children under the age of 5
- **1 million** school age children
- **4 million** women of childbearing age
- **Over 40** local production units or businesses
- **But also:** men, vulnerable families, healthcare staff, local authorities and institutions, local associations.

As men play a dominant role in decisions on children's diets, GRET considers greater inclusion of men in its activities to be crucial. In Burkina Faso, the Meriem project organised film screenings followed by debates specifically for men.



THE ACTIONS CONDUCTED BY GRET IN THE AREA OF NUTRITION CONTRIBUTE TO SDGs 1, 2, 3 AND 12.



“ Thanks to the action-research work conducted with GRET as part of the Nutridev programme, since 1994 we have developed, tested and modified an innovative system to sustainably prevent malnutrition, in particular chronic malnutrition, which is less visible and more widespread. ”

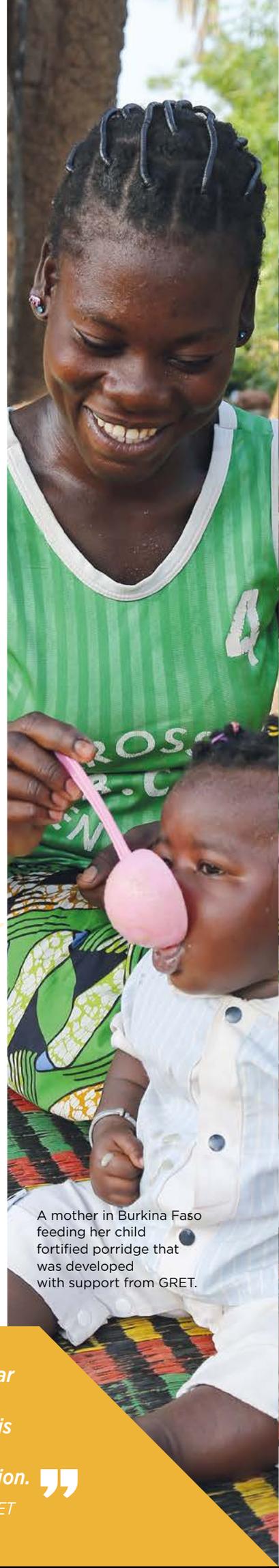
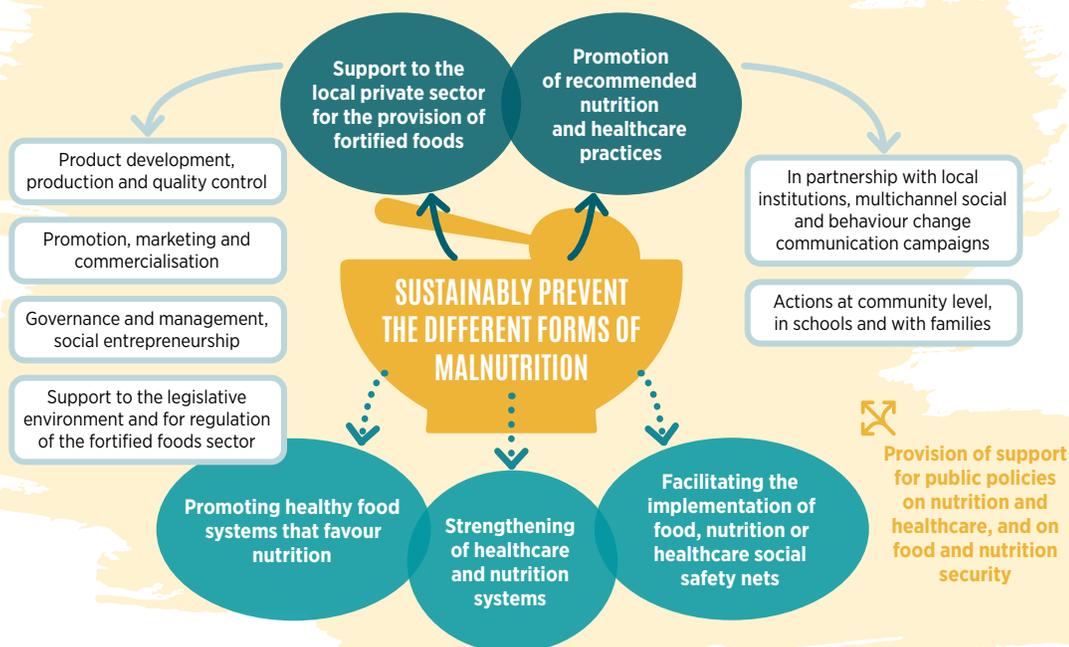
Claire MOUQUET, QualiSud Mixed research unit,
French National Research Institute for Sustainable Development

GRET'S APPROACH TO NUTRITION

TO FIGHT AGAINST MALNUTRITION, GRET RECOMMENDS TAKING A GLOBAL APPROACH. It addresses the immediate determinants of malnutrition – insufficient food intake and illnesses, but also its underlying determinants – food insecurity, inappropriate care and feeding practices, insufficient access to quality healthcare services and resources, level of education and social protection.

For GRET, prevention and the mobilisation of all sectors are key issues. It prioritises specific actions that make it possible to improve the diets and health of women and young children.

GRET'S ACTION



A mother in Burkina Faso feeding her child fortified porridge that was developed with support from GRET.



NUTRI'ZAZA: A LOCAL SOCIAL BUSINESS AND PIONEER IN NUTRITION

Created in 2013 by GRET and four partners to fight against malnutrition in Madagascar, the Nutri'zaza social business distributes quality fortified foods at affordable prices that are suited to families' nutritional needs. In 2023, more than 42,000 meals for children were sold every day in complementary distribution networks: the institutional network, the traditional sales points network, door-to-door and via "Restaurants for Babies".

“ GRET's strategy is intended primarily for the most vulnerable people, in particular children under the age of two and their mothers. We take concrete action to improve their diets and minimise illnesses, while ensuring the creation of an environment that is favourable for nutrition. Fighting against malnutrition today also requires focusing on reduction of gender inequalities, adaptation to climate change, and youth integration. ”

Clémence BOULLE MARTINAUD, "Health: nutrition and social protection" Programme Team Leader at GRET



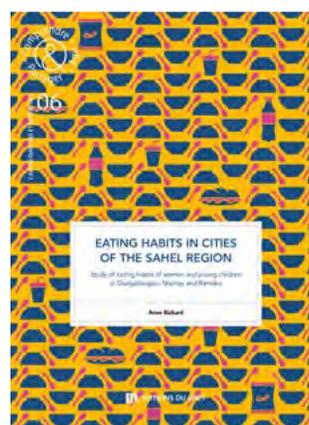
EATING HABITS IN CITIES OF THE SAHEL REGION

Urban zones in the Sahel region are faced with the triple burden of malnutrition. As part of the Meriem project (Mobilising Sahelian companies for innovative large-scale responses to malnutrition), funded by AFD and the BMGF Foundation, a study was conducted in Niamey, Bamako and Ouagadougou to enhance knowledge on populations' eating practices. This work, which was carried out by IRAM – Institute of Research and Application of Development Methods, opened avenues to develop attractive local products suited to consumers' needs, position them on the market and construct appropriate communication.

This document shares the results of the study, together with lessons learned from other GRET projects. It is intended for public or private stakeholders working on the prevention of malnutrition in urban areas in the Sahel.



Foura Soga, a fortified milk drink for women, produced by Laitière du Sahel in Niger.



ABOUT GRET

GRET is an international solidarity organisation whose objective is to improve the most vulnerable populations' living conditions and promote social justice while conserving our planet.

Founded in 1976, the GRET association is now present in Africa, Asia and Latin America. It has multiple areas of expertise: natural resources, local essential services, cities and housing, integration and employment, nutrition and health, food systems, land governance, and inclusive economies and finance.

Learn more: gret.org

TO LEARN MORE

ABOUT KEY ACTIONS UNDERTAKEN BY GRET AND ITS PARTNERS IN THE AREA OF NUTRITION

➤ www.nutridev.org

➤ www.nutrizaza.mg

➤ www.meriem-nutrition.org

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